## **CLAIMS**

- 1. A method of preparing a metal salt of a medium-chain fatty acid, wherein the method comprises solubilizing at least one free fatty acid in solvent, wherein said free fatty acid has a chain length from six to twelve carbons; and reacting said free fatty acid with at least one metal salt, to produce a metal fatty acid salt.
- The method according to claim 1, wherein the solvent comprises an alcohol.
- 3. The method according to claim 1 or claim 2, wherein the metal salt comprises a monovalent cation or a divalent cation.
- 4. The method according to claim 3, wherein the metal salt comprises sodium or potassium.
- 5. The method according to claim 3, wherein the metal salt comprises calcium or magnesium.
- 6. The method according to any of claims 1 to 5, wherein the free fatty acid is reacted with at least one metal bicarbonate or at least one metal carbonate.
- 7. The method according to any of claims 1 to 6, wherein the metal fatty acid salt is sodium or potassium caprylate.
- 8. The method according to claim 7, wherein the metal fatty acid salt is sodium caprylate.
- 9. The method according to any of claims 1 to 6, wherein the metal fatty acid salt is sodium or potassium caprate.
- 10. The method according to claim 9, wherein the metal fatty acid salt is sodium caprate.
- 11. The method according to any of claims 1 to 10, wherein the concentration of the free fatty acid in solvent is at least 0.5M.
- 12. The method according to any of claims 1 to11, further comprising recovering the metal fatty acid salt by precipitation and filtration.
- 13. A process for quantifying purity of the metal fatty acid salt prepared by the method of any of claims 1 to 12, wherein the process comprises separating product from reactants by High Pressure Liquid Chromatography (HPLC).